

# DAY OPPORTUNITIES



**Open Minds  
Open Doors**



**TEAM  
DOMENICA**

# About us

**At Team Domenica, we believe that people with learning disabilities and autism have the right to work, to lead fulfilling and purposeful lives, and to feel included as valued members of society.**

Our Day Opportunities provision supports individuals to develop work-based skills, independence and social connections.

Some candidates join Day Opportunities for a year's experience before progressing onto one of Team Domenica's college programmes. For others, it is an inspiring and fun way to be at the heart of our Brighton community, building friendships and learning valuable skills along the way.

## How does it work?

Day Opportunities uses a personalised and skills-based approach to support candidates in real-world community settings. They attend one or more sessions per week, depending on their assessed needs and outcomes. These timetabled activities are delivered over 49 weeks.

## Who is Day Opportunities for?

Day Opportunities is open to anyone who is over the age of 19 with a learning disability and/or autism.

## HOW TO APPLY?

Please contact us at [admin@teamdomenica.com](mailto:admin@teamdomenica.com) or head to our website



**Coming to Team Domenica has made a difference to my life because I now have more friends and have learnt lots of new skills. The thing I like doing most is working together with my friends who are funny and it helps me to be more confident.**

*Alexandra, Day Opportunities candidate*



# A model of opportunity

Based in different community hubs throughout Brighton & Hove, Day Opportunities supports candidates to thrive in the workplace – and beyond.



## The North Star

Our flagship pub places candidates in the heart of Brighton, helping to build on their skills in a professional and varied environment. It's a space for them to break stereotypes and showcase their abilities to the public.



## Coffee Roastery

From bean to bag, our candidates expertly roast and package Team Domenica's speciality coffee. Our innovative roastery project allows them to grow as individuals, build connections and gain valuable workplace skills.

An amazing  
**93%**

of candidates say that they are more confident as a result of our programmes.



I like coming to Day Opportunities because I enjoy being part of something and I like to have a voice. I like the cafés and coffee and enrichment. I like doing all of it! Team Domenica has made a difference to my life like building my confidence up and being brave by having work experience.

*Domenica, Day Opportunities candidate*



## Jubilee Library Café

Candidates gain real-world hospitality experience in our training café within Jubilee Library. Here they receive barista training, build connections, and learn key skills such as food preparation and customer service.



## Enrichment

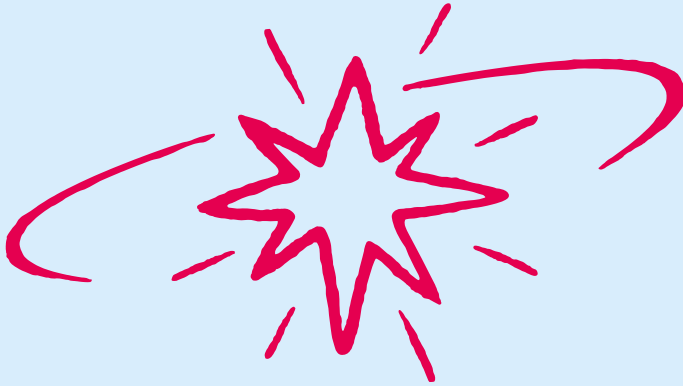
Our Enrichment sessions utilise team-based activities to build resilience and interpersonal skills. It also fosters opportunities for friendships, and encourages candidates to engage with their community.



## Employability Job Club

Taking place in small groups, or as 1-1 mentoring, our job club helps candidates to develop work-related skills such as writing a CV, applying for vacancies, and completing interviews.





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