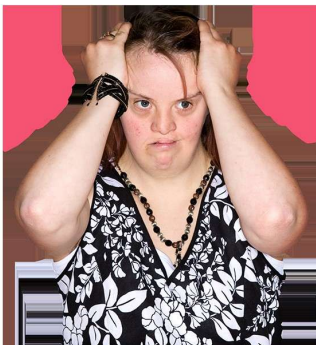




## What is safeguarding?

Safeguarding means working together to make sure you are safe from abuse and can be independent and make choices.



## What is abuse?

Abuse is when someone hurts you or treats you badly. Abuse is always wrong.

## There are different types of abuse

### Physical



### Sexual



### Emotional



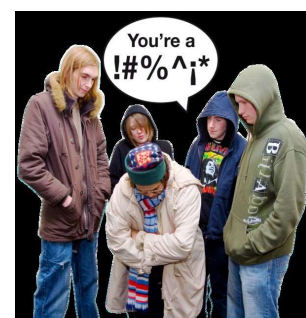
### Financial



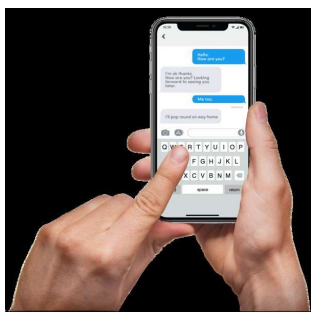
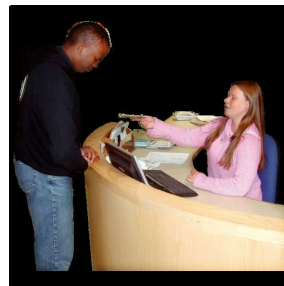
### Neglect



### Discrimination



Abuse can happen **anywhere**: at home, in work, in the community, college or online



If these things happen to you, you should tell someone that you trust. You could tell:

- Someone in your family
- A mentor, teacher or manager at Team Domenica
- Your job coach
- The police.



myconcern !

- Your report will be taken seriously
  - It will be written in MyConcern
    - Deb will read the report
- If you agree, or if staff need to act in your best interests they will contact social services or the police on your behalf
- Professionals will try to find out more about what has happened
- They will work together to try to protect you so that it doesn't happen again
- The police may need to become involved if the abuse is a crime.

## Who can I contact?



Deborah  
Rayner-Grey

**Team Domenica Safeguarding Lead**  
Deborah Rayner- Grey

[safeguarding@teamdomenica.com](mailto:safeguarding@teamdomenica.com)

01273 056807



**Brighton & Hove City Council**

01273 295555

[AccessPoint@brighton-hove.gov.uk](mailto:AccessPoint@brighton-hove.gov.uk)



**East Sussex County Council**

01323 464222



**West Sussex County Council**

01243 642121



**Sussex Police**

101

